



**Linda, Shauna, Leanne, and Sheri**

When I look at my three daughters I like the people they have grown into. I have seen them at their best and worst, and they know they can be who they want to be around me.



**Shannon, Mary, and Sonja**

My relationship with my daughters is different than the relationship I had with my mother. We are much more open and can talk about anything.

**Lisa and Breda**

It's good to spend time with your mother. Your mother knows what you're going through because she went through the same things when she was a girl. If things happen you should tell your mom because she knows what to do.



# a mothers and daughters' family album

A PHOTOESSAY BY  
BRENDA CRANNEY



**Ganga and Aishwarya**

It will be different for Aishwarya growing up in Canada instead of India. She will have a different way of thinking. My daughter will question me about why she has to do certain things. She is more aware of issues than I was.

**Eva and Michelle**

Back home in Guatemala we were afraid to ask our mother questions, especially about things like sex. With my daughter we can talk about anything. I think that is important.



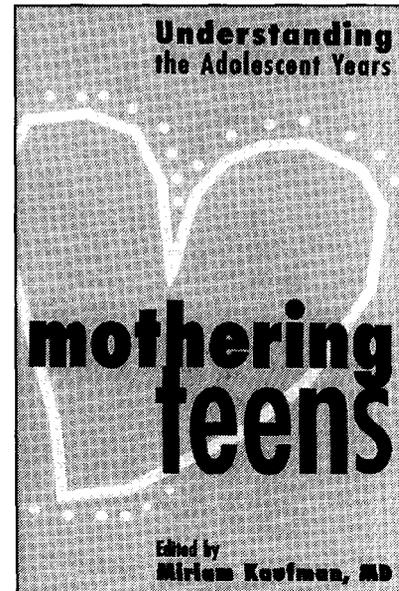
**Vanessa, Rosalind, and Betty**

My mother is the foundation of our family. We all look to her for stability and guidance and treasure her unconditional love.

# Mothering Teens: Understanding the Adolescent Years

Edited by Miriam Kaufman, M.D.  
320 pages  
ISBN 0-921881-46-0  
\$16.95

*Mothering Teens: Understanding the Adolescent Years* is an invaluable resource which offers information and encouragement to those who are mothering teenagers. It provides answers to some of the most difficult parenting questions that arise as children grow through adolescence.



"The personal stories [in *Mothering Teens* are] riveting: an aboriginal mother's account of her struggles to help her teenage daughter; an adoptive mother's story of her daughter born with down's syndrome; another mother's account of what it's like to be the parent of an activist teenager.... This mother, Tara Cullis, is the president of the David Suzuki Foundation, Suzuki's wife and an award-winning environmental activist herself."

—**Betty Jane Wylie**, *The Globe and Mail*

"Kaufman's book is a congenial combination of the practical and the theoretical. It will be a useful source of information (and comfort) to parents of teens and a valuable tool for those teaching women's studies, gender studies and developmental psychology. The inclusion of diverse issues and perspectives makes it a unique resource."

—**Beth Percival**, Ph.D, Associate Professor of Psychology and Women's Studies, University of Prince Edward Island

## About the Editor

Miriam Kaufman, M.D., is a pediatrician at the Hospital for Sick Children in Toronto, and associate professor in the Department of Pediatrics at the University of Toronto. In addition to her involvement with teens with chronic conditions, she works with teen mothers and young women who have been sexually abused. She is the author of *Easy For You To Say: Q & As for Teens Living With Chronic Illness or Disability* (Key Porter Books, 1995) and a co-author of *All Shapes and Sizes: Promoting Fitness and Self-Esteem in Your Overweight Child* (HarperCollins, 1994).

gynergy books, PO Box 2023, Charlottetown, PEI C1A 7N7

Phone: (902) 566-5750 Fax: (902) 566-4473

E-mail: [books@gynergy.com](mailto:books@gynergy.com)

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