caregivers could be pressured to settle for less than they are entitled to receive.

In addition to the changing laws, the budget of the B.C. Human Rights system has been cut by at least onethird.

CDWCR recommends that:

- •The B.C. government undertake a review, including consultation with community organizations, of the effects of changes to the Human Rights system in B.C. The review must include a gender-based and race-based analysis of the effects of the changes.
- •The B.C. Human Rights system be strengthened to provide a system that *encourages* complainants to exercise their rights, rather than *discour*ages them.

Migrant live-in domestic workers and caregivers have minimal entitlements and are effectively discouraged from asserting the few rights they do have. This is the structure of the system that governs immigrant live-in domestic workers and caregivers in Canada. The federal government should grant landed status to domestic workers and caregivers upon their arrival in Canada. Immigration reform is key to the realization of all other rights for domestic workers and caregivers, including legal rights related to Employment Standards, Human Rights and Workers' Compensation.

Cecilia Tumolva is a member of the Vancouver Committee for Domestic Workers and Caregivers Rights. She came to Canada under the Foreign Domestic Movement program.

Darla Tomeldan is a member of the Vancouver Committee for Domestic Workers and Caregivers Rights and a collective member of Vancouver Rape Relief and Women's Shelter. She immigrated to Canada in 1994.

References

Asia Pacific Foundation of Canada. (APF Canada). "Immigration By Class: Family, Business, Skilled

- Workers, Refugees and Other." Available on the Web http://www.asiapacific.ca/data/people/Pi2number.cfm, 2004.
- British Columbia. Employment Standards Act, R.S.B.C. 1996, c. 113.
- British Columbia. Employment Standards Regulation, B.C. Reg. 432/2003.
- Canada, Citizenship and Immigration. (CIC). The Live-in Caregiver Program: For Employers and Caregivers Abroad. Ottawa: Minister of Public Works and Government Services Canada. 2002a.

Canada, Citizenship and Immigration (CIC). Fact Sheet 18: Fees.

- Ottawa: Minster of Public Works and Government Services Canada. 2002b.
- Canada, Department of Human Resources and Skills Development Canada. (HRSD). Online: http://www.hrsdc.gc.ca/asp/gateway.asp?hr=/en/ei/types/regular.shtml&hs=tyt.

Vancouver Committee For Domestic Workers and Caregivers Rights. Workers Compensation, Employment Standards and Human Rights Changes in British Columbia and the Effect of those Changes on Domestic Workers and Caregivers in British Columbia. Report submitted to Status of Women Canada, 2003.

LEA LITTLEWOLFE

breakfast

three, four, then five shuffle in slowly, leaning on canes. where do they hatch from? all old men, wives taking off husbands' coats old women getting the food the more viable gender asking if he can make out by himself in the washroom. it must be a stroke support group.

in this public place the women fasten suspenders do up buttons, smile like Mother Teresa and still more men come crouching from the restroom grab onto chairs, cling to walls. do the women massage zinc oxide cream onto male butts and groins? many ladies in this post-church gaggle are mateless survivor partners of former hellraisers. do the lone flowers envy their laboring sisters?

Lea Littlewolfe's poetry appears earlier in this volume.