to be caught at noon all unprepared to meet the day, could also be 'just a fuckin real good poet.' Now I look back through the armour and remember what it necessarily implies. There is a reciprocity; the best defence is a good offence, the steel can be in the armour or at the core.

These are idea poems, often polemical even in their eroticism, dealing with time-honoured subjects, but from the point of view of woman and mother. There is a triad made up of 'The Poet as Beaver-Elect,' 'The Poet as Process' and 'The Poet as She,' which shows a kind of dialectical progression towards poetic and womanly self-awareness. The poet as Old Mother is a motif running through the whole collection, allowing all kinds of play on that magnificent verb 'to bear' with its connotations of giving birth, tolerating and carrying. This leads to what I consider the major quality of the poems: their wit, their delight in ambiguity, irony and multiple meanings, as in 'There Are No Lovers':

I was born female, born to suffer my kind, be kind to others. No sister gives me charity, nuns are discredited. Brothers ask. I give what I, too, a little despise

having nothing else left to offer in exchange for humanity.

And then there is paradox, as in 'The Way':

... To guard love is a way of making it. To make it is a way of ending it. For us no object comes between; unnamed love has no chart or claim, only the inward touch as bond, the bearing ground a birthday to us both though I die

falling.

A glance back over the quotations I have given, and at 'Listen to the Old Mother,' will show the qualities of metaphysical wit that please me most in this collection. When erotic wordplay turns to jingle in 'Playroom,' 'Reel Gone Jump' and others, I get a little impatient, even though they are fun.

I like these poems and they can speak for themselves. Judging from 'Rhapsody of the Fire-escape,' Helene is moving towards a much looser, narrative form with less obtrusive wit. A certain shedding of the armour. 98

How we danced — at fifteen, in the park that was like a secret place, half-hidden behind the Children's Library on St. George, flared skirts hooping our hips...

White whirling flowers we must have seemed, Florence and I, under the canopy of great elms in the dusk – while Rose, her new friend, watched: languid Rose of the half-closed liquidy brown eyes and long curved neck.

And then - in a time-space just born *he* was there, a sudden Byronic boy on the rim of the dancing wheel, face ivory in a frame of dark soft hair, voice a bass chord rich in pedal as

he spoke: to me! Singled *me* out in that beginning instant of first love, tuning the wires loose in my breast and tightening them

for the arpeggio ecstacies;

as when we climbed

high up the fire-escape

on the side of the four-story building fronting on College a block east of Spadina,

where the prisoners' voices leaned out summer nights (their faces, arms, behind the bars a blur of white) singing, the open windows

carrying the loneliness out as far as a train whistle:

If I - I-I-I had the wings of an angel Far from these prison bars I would fly

the sadness ineffable in the scented humid air already burdened with longings

books it had lain foetal

... And how the world disclosed new treasures to me at fifteen, when Danny who said he was a poet (of course! I hadn't thought! ... expecting some embodiment of music: like poor sensitive Tchaikovsky, or suffering Beethoven in the novel *Jean-Christophe*) – and that he was a journalist for a Communist paper!

...when he, his best friend "Knopfy" (yes, related to the publisher!) and I went to see Peter Lorre in *Crime et Châtiment*, my first foreign film, how I spun in a new eminence of being included in their male world of intellect and friendship, me, a girl cold with excitement as they walked me home enthusing, the three of us, the boys flailing the air with exuberance, paying homage to youth and culture – an inheritance I recognized at once, though all those years in borrowed

e Fire-esca

in my head, until the film's dark brooding questions brought it home.

Back in my bed

I hugged this blessing all night long — a joy confused with a strange new agitation that kept bubbling up as from a sulphurous hotsprings never to let go.

ii

Danny had his own gift, a talent to dramatize, to transform a space, any place -a city alley into theatre: usually night-deserted settings where we improvised skits and scenes, my tongue shedding its shyness like a cast-off skin, quick and bold in its new power as we struck lofty gestures, the long shadows of *chiaroscuro* light thrown by the streetlamps heightening the intensity,

or when we clowned starting bells of laughter down the sleep-greyed streets.

Sometimes we played in a real auditorium — the Labour Temple on Brunswick, sneaking up past the janitor, one of us on stage (nervous if it were I, performing), the other, drama critic: monarch of the rows of empty seats ...or, tremulous together outdoors, watched our own dramatic close-ups in black and white, on the screen of our tandem wheelings savouring the moments, the careening denials of what we felt and wanted.

But though we did hold

hands that time in an immanence high on the fire-escape, and a first kiss dreams over the memory (as in a painting by Kandinsky or Redon), though it might not have actually come to pass yet, happening later in the winter dark of Queen's Park, on a bench snug in the middle of the crystalled snow, the frostbite air cheek warm against peach-fuzzy cheek the circle of traffic winding its river of light around our throne as flakes fell slowly - though this and two three other filmic sequences remain, still as vivid as the first reel caught them, the dance - suspended on a frozen pas-de-deux for two sick weeks that Danny did not call came to an executed end.

iii

Rose of the lily-columned neck, disdainful, throaty Rose

whose utterances could issue forth in sibylline hisses of hate, or coo and gurgle under a pour of honey prepared a feast of Beethoven in her parlour plush with cushions, mauve and rose-silk lampshades fringed like dark-lashed eyelids casting an exotic, a mysterious warm glow as though the tender smile of the Madonna played there.

This was for Danny, for they had met again, at the Gallery. And that night Rose, seated at her piano, head thrown back, eyes closed, hands abandoned to the Appassionata, rose up in her ripe virginal passion seducing both of them — as Danny told it, excitedly to Knopfy, who must have told it me, or how else would I have known the twist of my first knife?

iv

Florence, my best friend

before this, Florence whom I'd left behind (as did Rose, too, alas) was glad to have me back. We joined the Friends of Music, listening to classical recordings once a month in courtly homes up Yonge and Eglinton; took up Spanish dancing, became inseparable, step paced to step to keep our balance on the sliding trapdoor of the world's ways. Danny reappeared

one shocked day, velvet on the telephone. Said it was finished with Rose. Two years had passed.

Inside that crypt where embryos of hope are left for dead, too fresh for burial, something lurched. I went to meet him. Saw he was now admiring audience only for his own performance, taking all the stage. And so, lone mourner at a funeral I let him walk me, talk me, earphone for his self-applause until the swagger of his loveless mouth on mine

brought home the insult. It was over.

Florence and I stayed glued – a Siamese twin for two more years, one half gnawing at the other till our growing bones snapped out of it.

I broke first. I was restless. I wanted to live again.